Higher-Ed Help
Harness the power of the web for a post-high school plan

Are you confused, undecided, overwhelmed by all of the pressure of deciding what you want to do after high school? You are not the only one! If you know that you are college bound, but have no idea where to start, read on for some great tips on websites that may make things a bit easier for you.

Feeling sad, anxious or stressed?
Here are some sources that will help:

Changes: grief support
Contact Ms. Mullen or Ms. Cahill for more info

Suicide Prevention Center - 877.7.CRISIS
preventsuicide.lacoe.edu

Immigrant Rights:
oia.lacounty.gov/know-your-rights/

STRESS BUSTERS:
www.mindyourmind.ca

IMPORTANT DATES TO REMEMBER:

September 5th picture/I.D. make ups
September 5th-8th - Register for Ethnic Studies class THIS WEEK!
Class starts Saturday, Sept 9th
  - https://docs.google.com/forms/d/16Zqq2cewzYzF9DmaMoe8fz12JflCUCNfdYfoJhh2f9g/edit
September 23rd - U.S. Citizenship help. Check Millikan main page for details
October 3rd is back to school night
October 11th - SAT with essay
  - (free to all LBUSD students), if you have NOT YET SIGNED UP FOR THE OCTOBER SAT it is not too late. Go to the following link to sign up - http://bit.ly/2xH129x
IMPORTANT PEOPLE TO KNOW AND IMPORTANT THINGS TO DO DURING YOUR SENIOR YEAR

• **Be kind and patient with your senior counselors, and they will be kind and patient with you!** Ms. Cahill and Ms. Mullen are looking forward to supporting you during your senior year. In order to help us help YOU, we are asking that you submit requests for letters of recommendation AT LEAST 3 weeks in advance.

• Please remember that the CSU’s and the UC’s do NOT require letters of recommendation

• **Utilize your College and Career Center!** Dr. Danks, Ms. Aguirre and Ms. Cho are incredible resources for you. Please make a point to visit the Center in 323B within the next couple of weeks. Introduce yourself and thank them ahead of time for their assistance.

• **READ SCHOOL LOOP EVERY DAY!** There are extremely important dates posted on school loop on a regular basis

• **Stay on top of your homework.** If you are struggling, ask for help IMMEDIATELY. You are seniors this year, and there are no more opportunities to re-take classes.

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**College application dates and deadlines**

• **CSU’s** - Application Period Begins October 1st, 2017; Fall 2018 admission filing period ends on November 30th

• **FAFSA** - Filing period for FAFSA and Cal Grant Verification opens October 1st

• **UC Campuses** - Application opens on August 1st; Fall 2018 admission filing period November 1-30th